## NEW INFORMATION from ELIOT FESTIVAL 5K ROAD RACE

Hello Runners and Walkers!

Thank you for joining us at the Eliot Festival 5K Road Race on Saturday, September 28, 2024 in beautiful Eliot. Maine.

Please pick up your bib and t-shirt Friday, September 27th from 5:30 pm to 7:00 pm at the Eliot Police Station (27 Dixon Road, Eliot, ME.) Limited day-of registration and bib pick up available 7:00 am to 8:00 am at Eliot Police Station parking lot.

Race day parking opens at 7:00 am. It's off State Road near Wiltshire Road in the center of Eliot. Beware of poison ivy in the parking field. It's freshly mowed but watch where you walk. Do not use your GPS to find the parking location. Do not use Beech Road. Please turn onto Depot Road from H.L. Dow Hwy (Rt. 236) and follow the signs to State Road (Rt. 103) and race parking.

We open the 5K Road Race by honoring America by raising the American flag at 8:15 am in front of the Eliot Police Station.

NEW STARTING LINE: Eliot Town Hall is being renovated and we lost access to the USATF certified starting line in the parking lot. The new starting line is on State Road, next to the Eliot Police Station. Runners assemble in front of the Police Station for the flag raising and pre-race announcements. After the finish, runners move down Dixon Road to Hammond Park for post-race awards and fun. Moving the start line adds about 60 meters to the 5,000 meter Race. Time will be recorded from the new starting line.

Awards ceremony starts at 9:30 am, so stick around. Cash prizes for top finishers, medals awarded in all age groups, and great refreshments make for a fun post-race show.

Food for the runners is special this year, hosted by Maine Market and Sandy Hill Farm. Sweet, salty, fruit snacks, and breakfast sandwiches from Chick-fil-A, are on the menu!

Proceeds from the Eliot Festival Days and 5K Road Race benefit Mainspring Cooperative, Kittery, Maine and the Town of Eliot Fuel Assistance Fund.

The Eliot Festival Days starts at 9:00 am up the street on State Road. You are invited to stay to enjoy the food, entertainment, and crafters.

Good training.

Gene Wypyski
Race Director
Eliot Festival 5K Road Race
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